

## Phelps Hospital

### Robin's Nest Evening Snack Menu

Robin's Nest is following the USDA Guidelines National School Breakfast & Lunch Program. All Fruit is packed in Natural fruit juice is 100% fruit juice. All foods are cooked trans-fat free, no added salt. All beef is 80% lean 20% fat.

<b>MONDAY</b>	Hummus with pita bread and veggies
<b>TUESDAY</b>	Turkey sandwiches and cheese sandwiches
<b>WEDNESDAY</b>	Dinner roll with cheese cubes and grapes
<b>THURSDAY</b>	Ham sandwiches and cheese sandwiches
<b>FRIDAY</b>	Yogurt and granola